

THE PHIX ([HTTPS://WWW.PHOENIXMAG.COM/CATEGORY/THE-PHIX/](https://www.phoenixmag.com/category/the-phix/))

# Disconnect and Recharge at Castle Hot Springs

HELENA WEGNER ([HTTPS://WWW.PHOENIXMAG.COM/AUTHOR/HELENA-WEGNER/](https://www.phoenixmag.com/author/helena-wegner/)) | November 2



When John F. Kennedy convalesced at Castle Hot Springs (<http://castlehotsprings.com>) following his World War II duty, he didn't have Instagram to distract him. Founded in 1896, the health and wellness resort catered to prominent clans like the Kennedys, Roosevelts and Wrigleys before falling into disrepair and closing in the 1970s. Following a multimillion-dollar renovation, it reopened to the public last year, and launched its current season in October (it'll be open through May then close for a summer hiatus). "You are definitely sort of disconnected from the stress and worries of daily life," says Tina Newman, director of sales and marketing for the resort, which is about an hour northwest of Downtown Phoenix. "We do encourage that you digitally detox." CHS makes that easy with horseback riding, hiking, mountain biking, yoga, meditation and three mineral-rich hot spring pools that produce more than 200 gallons of fresh water each day. The Sky View Cabin and Spring Bungalow allow visitors to enjoy the healing properties of the spring water in the privacy of their own outdoor soaking tub. All-inclusive lodging starts at \$600/night.

ADVENTURE (<HTTPS://WWW.PHOENIXMAG.COM/TAG/ADVENTURE/>)

ALL-INCLUSIVE RESORT (<HTTPS://WWW.PHOENIXMAG.COM/TAG/ALL-INCLUSIVE-RESORT/>)

CASTLE HOT SPRINGS (<HTTPS://WWW.PHOENIXMAG.COM/TAG/CASTLE-HOT-SPRINGS/>)

TRAVEL (<HTTPS://WWW.PHOENIXMAG.COM/TAG/TRAVEL/>)

## Related Posts



**FRIDAY FLICKS  
November 29:  
"Knives Out"**

**(<https://www.phoenixmag.com/friday-flicks-november-29-knives-out/>)**



**STUDIO SESSION  
with Brenda J.  
Schodt**

**(<https://www.phoenixmag.com/studio-session-with-brenda-j-schodt/>)**

**SHOPPING: Frank  
Lloyd Wright  
Store**  
**(<https://www.phoenixmag.com/shopping-frank-lloyd-wright-store/>)**

# PHOENIX

For more than 50 years, PHOENIX magazine's experienced writers, editors, and designers have captured all sides of the Valley with award-winning and insightful writing, and groundbreaking report and design. Our expository features, narratives, profiles, and investigative features keep our 385,000 readers in touch with the Valley's latest trends, events, personalities and places.

## NAVIGATION

*Best Of The Valley*

*(<https://www.phoenixmag.com/2019/02/07/Best-Of-The-Valley-2/>)*

*Food & Drink*

*(<https://www.phoenixmag.com/category/food-drink/>)*

*Things To Do*

*(<https://www.phoenixmag.com/things-to-do/>)*

*Travel & Adventure*

*(<https://www.phoenixmag.com/category/travel/>)*

Valley Lifestyle

(<https://www.phoenixmag.com/category/lifestyle/>)

News & People

The Magazine ([https://www.phoenixmag.com/the-](https://www.phoenixmag.com/the-magazine/)

<https://www.phoenixmag.com/category/people/>) Magazine/)

From Our Partners

(<https://www.phoenixmag.com/category/partners/>)



(<https://servedbyadbutler.com/redirect.spark?>

[MID=169298&plid=1061985&setID=406590&channelID=0&CID=348318&banID=519805894&PID=0&t](https://servedbyadbutler.com/redirect.spark?MID=169298&plid=1061985&setID=406590&channelID=0&CID=348318&banID=519805894&PID=0&t)

---

© 2019 Developed for Cities West Media, Inc. (</about-us/>), by Northern Ground

(<https://www.northernground.com/>)

[Terms of Use \(/terms/\)](/terms/) [Privacy Policy \(/privacy/\)](/privacy/)

*Customer Service* (<https://www.phoenixmag.com/customer-service-2/>)

*Careers* (<https://www.phoenixmag.com/careers/>)

*Advertising* (<https://www.phoenixmag.com/advertising/>)

*Contact Editorial* (<https://www.phoenixmag.com/editorial-contact/>)

*About Us* (<https://www.phoenixmag.com/about-us-2/>)