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The Top Spa Resorts In America



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Travel

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Before you treat yourself to an exquisite, relaxing vacation at the best [spas in Asia](#) or [Europe](#), remember that America has some of the [best spas in the world](#) for facials, massages, and other rejuvenating treatments.

While most luxury hotels have a spa on site, a few go far beyond, making the spa experience a cornerstone of your stay. Whether you're searching for a destination spa

boasting stunning landscapes or are simply in need of a staycation escape from the concrete jungle, here are some of the best spa resorts and hotels in America.

Waldorf Astoria Atlanta Buckhead (Atlanta, Georgia)



Vitality Pool at Waldorf Astoria Buckhead WALDORF ASTORIA

Located in one of Atlanta's best neighborhoods, the Waldorf Astoria Buckhead is an oasis for wellness. The expansive 15,000-square-foot spa comprises 13 treatment rooms, as well as an intimate couples suite, vitality pools, dry saunas, steam rooms, and relaxation

lounges. Here you'll find revitalizing treatments like the signature Peach Indulgence, a nearly two-hour treatment that includes a skin-softening exfoliation, comforting massage using house-made peach oil, and a nourishing hair and scalp massage.

[Book Now](#)

The Ballantyne (Charlotte, North Carolina)



The Ballantyne features a recently re-designed spa set in the rolling hills of North Carolina—the perfect setting for a serene getaway. The spa offers customized treatments, facials and body wraps, along with a full-service salon for hair and nails. Upon arrival, enjoy a special welcome tea ritual, featuring white jasmine tea from the Rare Tea Company. And depending on when you visit, you can try one of their experimental and seasonal treatments, such as the Hydrating Hot Chocolate Facial offered in fall.

[Book Now](#)

Amangiri (Canyon Point, Utah)



Aman Spa at Amangiri Resort AMANGIRI RESORT

Amangiri rises out of Utah's Red Rock wilderness like an oasis in the desert. Leveraging contemporary design to spotlight the natural beauty of the Colorado Plateau on which it resides, this luxurious 600-acre property offers guests a true escape from city and suburban life. The 25,000-square-foot spa draws inspiration from Navajo healing techniques, emphasizing the four elements in specialties like the Desert Calm Treatment that utilizes red Sedona clay to nourish the body.

Book Now

Dunton Hot Springs (Dolores, Colorado)



Bathhouse at Dunton Springs DUNTON SPRINGS

Opened in 2001, Dunton Hot Springs is located over a one-time mining town in the Colorado Rockies, just across the mountain from Telluride. Resort accommodations take

the form of 12 Wild West-style cabins, plus one special tent suite. A collection of hot springs feed directly into the on-site spa, which includes the stunning Bathhouse overlooking idyllic wildflower fields flanked by the stunning peaks of the mountain range. A wide variety of outdoor activities allow guests to immerse themselves in the countryside, before settling in to the calcium bicarbonate rich springs which improve blood flow and skin appearance.

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Playa Largo Resort (Key Largo, Florida)



Pool at Playa Largo Resort & Spa PLAYA LARGO RESORT

Occupying 14 acres of prime Key Largo beachfront, the Playa Largo Resort is a gem of the Florida Keys. The property has 177 luxury rooms, 10 private bungalows, and a fantastical three-bedroom beach house with a private pool for a truly sublime family or group vacation. A comprehensive set of facilities range from a stunning oceanfront pool to a 15-slip marina with water sport rentals, and, of course, a coastal-inspired spa. Offerings include the Paradise Polish—an aromatic treatment that buffs and polishes the body.

Book during Days of Playa (September 15-26) to receive complimentary amenities such as breakfast, happy hour cocktails, and 20% off spa services.

[Book Now](#)

Castle Hot Springs (Morristown, Arizona)



Castle Hot Springs CASTLE HOT SPRINGS

After remaining defunct for 40 years, the Castle Hot Springs have been restored and transformed into a modern version of the storied private enclave that American elites flocked to during the 20th century. The 120-degree thermal hot springs have provided healing powers for centuries, beginning with the Yavapai and Apache people. As digital technology threatens our mental health, the updated Castle Hot Springs offers something unique among vacation spots: a digital-free experience.

[Book Now](#)

The Langham, Fifth Avenue (New York City)



Chuan Body & Soul at The Langham, Fifth Avenue THE LANGHAM

New York's Midtown conjures many mental images, but relaxation isn't one of them. Despite this, you can get a quality spa experience at Manhattan's Langham hotel. An elegant, world-class urban oasis in the heart of the city, the hotel's Chuan Body + Soul Spa offers tailored treatments inspired by traditional Chinese medicine. The intimate space allows guests to feel like they're in their own private spa. The three treatment rooms, Water, Earth, and Fire, are dedicated to the three Chinese elements, and guests can partake in the Himalayan salt sauna prior to treatments.

Book Now

Huntington Hotel (San Francisco, California)



Nob Hill Spa at The Huntington Hotel HUNTINGTON HOTEL

Set in San Francisco's Nob Hill neighborhood, The Huntington Hotel offers an urban sanctuary with fine dining, elegant rooms, and an acclaimed three-level spa. The neo-

Gothic building boasts sprawling skyline views, the best of which can be found on the large outdoor deck. In one of the ten treatment rooms, indulge in personalized services such as the CBD Body Treatment, which soothes the aches of both body and mind. Afterwards, lounge at the indoor infinity pool or relax in the designated Zen Room.

[Book Now](#)

Mii Amo (Sedona, Arizona)



Mii Amo, A Destination Spa MII AMO

Nestled in a red-rock canyon once considered sacred by Native Americans, the luxurious Mii Amo spa-hotel stands as a beacon of relaxation for the weary traveler. Housed within the larger Enchantment Resort, the spa offers all-inclusive package experiences, with three-, four-, and seven-day "Journeys" designed to heal and recharge. Guests work with a Journey Guide to customize an itinerary, which includes overnight stays in gorgeous adobe casitas as well as locally-crafted treatments and health-minded dining.

Book Now

El Monte Sagrado (Taos, New Mexico)



The Living Spa at El Monte Sagrado EL MONTE SAGRADO

El Monte Sagrado embodies the spirit of New Mexico, providing a welcoming space at the foot of the Sangre de Cristo mountains. The Living Spa provides treatments informed by

the rich culture and healing techniques of the indigenous people who once called the area home. Using organic plants, minerals, and herbs in treatments, the spa is proudly eco-friendly. Couples should inquire about the candle-lit suites available for the ultimate romantic getaway experience.

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I am an NYC-based writer covering travel, food & drink, and culture for GQ, Food & Wine, Paper, Vice, Architectural Digest, Punch, and Eater among others. I was... **Read More**